

Exercise with Natalie is M, W
10:30 in the Activity Room



December 2024



Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 10:30 Coffee & Chats (BL)	2 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Erin's Baby Shower! (BL) 3:30 Happy Hour (BL)	3 Week Without Walls 10:00 Chair Yoga (AR) 10:30 Activity Meeting with Ashley (BL) 2:00 Bingo (AR) 2:00 Entertainment with Don Owen (L) 3:30 Happy Hour (BL)	4 Week Without Walls 10:30 Fun & Fitness (AR) 11:30 Order In Lunch: Five Star Chinese Restaurant 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Afternoon with TCS Students Decorating Gingerbread Houses (BL) 3:30 Happy Hour (BL)	5 Week Without Walls 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Afternoon Caroling with TCS Students (L) 3:30 Happy Hour (BL)	6 Ashley Off 11-3 Holiday Market (L/ BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Movie Matinee: "There's No Business Like Show Business" with Popcorn & Pop (TR) 3:30 Happy Hour (BL)	7 2:00 Bingo (AR) 6:30 Entertainment with Northumberland Players (L)	
8 10:30 Coffee & Chats (BL)	9 Natalie Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	10 Natalie Off 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	11 Natalie Off 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Just Us Jazz (L) 3:30 Happy Hour (BL)	12 Natalie Off 10:00 Chair Yoga (AR) 10:00 Speaker: Councilor Randy Barber (L) 2:00 Bingo (AR) 2:00 Blue Christmas Anglican Service (4th Floor) 3:30 Happy Hour (BL)	13 Natalie Off 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Christmas Pictionary (BL) 3:30 Happy Hour (BL)	14 Ashley Working 2:00 Bingo (AR)	
15 10:30 Coffee & Chats (BL)	16 Christmas Spirit Week: Wear Red 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11-3 Gemini Jewelers Pop Up (L) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Christmas Party (BL) 3:30 Happy Hour (BL)	17 Christmas Spirit Week: Ugly Christmas Sweater 10:00 Virtual Chair Yoga (BL) 10:30 Christmas Trivia (L) 2:00 Bingo (AR) 2:00 Entertainment with Darlene & The Shamrock (L) 2:00 Christmas Door Decorating Contest 3:30 Happy Hour (BL)	18 Christmas Spirit Week: Christmas Socks 9:30 CR Gummow Student Visit (L) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Kathy Wiles (L) 3:30 Happy Hour (BL) 6:30 Entertainment with Eric L (L)	19 Christmas Spirit Week: Holiday Headwear 10:00 Virtual Chair Yoga (BL) 10:00 Catholic Church (TR) 10:30 Bean Bag Toss (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 5:00 Christmas Lights Outing (O)	20 Natalie Off Christmas Spirit Week: Wear Your Favourite Holiday Colour 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour With Special Drink: Eggnog & Rum (BL)	21 2:00 Bingo (AR) 2:00 Movie Matinee: "It's A Wonderful Life" (TR)	
22 10:30 Coffee & Chats (BL) 2:00 Pastoral Care Committee Christmas Service & Carol Singing (L)	23 Ashley Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Hal Allison (L) 3:30 Happy Hour (BL)	24 Ashley Off 10:00 Chair Yoga (AR) 2:00 Christmas Eve Sing Along Around The Tree With Eggnog (BL) 3:30 Happy Hour With Special Drink: Eggnog & Rum (BL)	25 	26 	27 Ashley Off 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Let's Travel: Ancient Rome (BL) 3:30 Happy Hour (BL)	28 2:00 Bingo (AR)	
29 10:30 Coffee & Chats (BL)	30 Ashley Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL)	31 10:00 Chair Yoga (AR) 2:00 New Years Eve Party! (BL) 3:30 Happy Hour With Special Drink: Champagne & Orange Juice (BL)					

ACTIVITY LOCATION LEGEND

AR- Activity Room

BL- Bar Lounge

L-Lobby

DR- Dining Room

O- Outdoors

TR-Theatre Room

JC- James Club