

Exercise with Natalie is M, W  
10:30 in the Bar Lounge



# October 2024



Shuttle Bus Tues & Thurs  
9:30-12 & 1-3:30



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1 Oktoberfest Week</b> 10:00 Chair Yoga (AR) 10:30 Activity Meeting (BL) 2:00 Bingo (AR) 2:00 Entertainment with Don Owen (L) 3:30 Happy Hour (BL)	<b>2 Oktoberfest Week</b> 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Let's Travel: Germany (L) 3:30 Happy Hour (BL)	<b>3 Oktoberfest Week</b> 10:00 Chair Yoga (AR) 10:30 You Be The Judge (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>4 Oktoberfest Week</b> 10:00 Trivia (L) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Oktoberfest Party (L) 3:30 Happy Hour (BL)	<b>5 Natalie working</b>  2:00 Bingo (AR)
<b>6</b> 10:30 Coffee & Chats (BL) 	<b>7</b> 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 11:00—3:00 Gemini Jewelry Pop Up (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Bean Bag Toss (BL) 3:30 Happy Hour (BL)	<b>8</b> 10:00 Chair Yoga (AR) 10:30 Current Events (L) 2:00 Bingo (AR) 2:00 Entertainment with Sean R (L) 3:30 Happy Hour (BL)	<b>9</b> 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Parachute Game (L) 3:30 Happy Hour (BL)	<b>10</b> 10:00 Chair Yoga (AR) 11:00 Anglican Church (4th Floor) 2:00 Bingo (AR) 2:00 Entertainment with Michael T (L) 3:30 Happy Hour (BL)	<b>11 Natalie Off</b> 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Thanksgiving Tea (BL) 3:30 Happy Hour (BL)	<b>12</b> 2:00 Bingo (AR) 2:00 Entertainment with Eric L (L) 
<b>13</b> 10:30 Coffee & Chats (BL) 	<b>14</b> <p>Happy Thanksgiving!</p>	<b>15 Natalie Off</b> 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>16 Natalie Off</b> 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	<b>17 Natalie Off</b> 10:00 Chair Yoga (AR) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>18 Natalie off</b> 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour (BL)	<b>19</b>  2:00 Bingo (AR)
<b>20</b> 10:30 Coffee & Chats (BL) 2:00 Entertainment with Lesley Daly (L) 	<b>21 Natalie Off</b> 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	<b>22</b> 10:00 Chair Yoga (AR) 10:30 Bean Bag Toss (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>23</b> 10:30 Fun & Fitness (AR) 12:30 Pingles Farmers Market and Pumpkin Patch Outing—Sign Up In Lobby! 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	<b>24</b> 10:00 Chair Yoga (AR) 10:30 Bocce Ball (O) 10:00 Catholic Church (TR) 2:00 Prize Bingo (AR) 3:30 Happy Hour (BL)	<b>25</b> 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Craft Group: Christmas Parade Décor (BL) 3:30 Happy Hour (BL)	<b>26</b> 2:00 Bingo (AR) 
<b>27</b> 10:30 Coffee & Chats (BL) 	<b>28</b> 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL)	<b>29</b> 10:00 Chair Yoga (AR) 10:00—11:30 Pumpkin Carving (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>30</b> 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Darlene (L) 3:30 Happy Hour (BL)	<b>31</b> 10:00 Chair Yoga (AR) 2:00 Halloween Costume Party! (BL)		

ACTIVITY LOCATION LEGEND

AR— Activity Room

BL— Bar Lounge

L—Lobby

DR— Dining Room

O— Outdoors

TR—Theatre Room