

FROM THE MANAGER'S DESK

It really is the most wonderful time of the year! It certainly is at Palisades and James Club! We do Christmas right. BIG and BEAUTIFUL! Christmas lights and garland abound! Trees are twinkling. Poinsettias are flourishing. Our cherished Wood Carver Club's Nativity Scene is out and it hasn't lost its magic. It's such a treasure. I like to think we've set the stage for a fantastic Christmas and holiday Season for one and all. I hope you enjoy the atmosphere, the activities, the music and all the fun of this truly joyous season. Merry Christmas everyone. Happy holidays and every best wish for a great New Year! MICKI MCLEAN

From the Activity Director

wait! Get ready to build a meeting on December 3rd at 10:30 am! Year! Ashley & Natalie



Gingerbread House JOIN US DECEMBER 4TH at 2:00 PM IN THE BALLOUNSE FOL GINSELBLEAD HOUSE BUILDINS WITH TCS STUDENTS! WE WILL BE JUDSINS ANY HOUSES BUILT BY RESIDENTS THAT DAY OVER THE COURSE OF A FEW WEEKS BY VOTE AND THE WINNER WILL BE ANNOUNCED AT OUR CHRISTMAS PARTY ON DECEMBER 16TH!

Christmas Party

Come join us for a **Christmas Party on** Monday, December 16th at 2:00 pm in the Bar Lounge! There will 🥔 be hot chocolate, candy canes, carol singing, Christmas crackers and much more! There may even be a surprise guest... Ho Ho Ho! See you there!

Christmas Holiday Market COME ON DOWN TO THE LOBBY/ Bar Lounse and DO SOME CHRISTMAS SHOPPINE OF SHOP FOR yourself at our Christmas Holiday магкет Friday. December 6th

F December 2024



Ho, Ho, Hello December!

Christmas and New Years are on their way and with that comes a lot of fun activities! We have so much stuff planned for this month and we can't

Gingerbread House with TCS students or prepare to do some shopping at ou vendor show! Get into the spirit with Christmas Spirit week December 16-20 keep an eye on the calendar for what each day will be! We also have Councillor Randy Barber coming in December 12th at 10 am in the Bar Lounge! There's so much fun to be had! Big thank you to everyone who submitted a survey to us. Your input, suggestions, comments and concerns are all very important to us. Don't forget to attend our monthly activity

We hope you have a Merry Christmas and a Happy New



Christmas Lights Tour

We are going to see the Christmas lights at Old Scugog Road! Thursday December 19thl Bus leaves at 5pm!

Sign up in the lobby!

Baby Shower

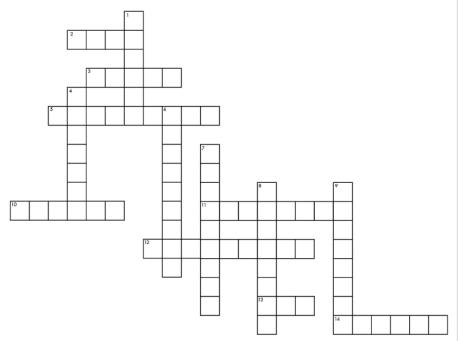
Erin from housekeeping is having a baby and we've decided to throw her a SURPRISE baby shower so all of you can come celebrate! Come join us as we play games, do old wives tales and guess when the baby will be born! No gifts just bring yourselves! Monday December 2nd at 2:00 in the Bar Lounge

PALISADE GARDENS 240 CHAPEL STREET, COBOURG, ONTARIO K9A-0E3





Read the clues below and fill in the crossword puzzle with the correct answers.







ACROSS

- 2. What you place on top of the Christmas Tree.
- 3. Who brings presents to children.
- 5. Where Santa lives.
- 10. _____ the Snowman.
- 11. The month of Christmas.
- 12. What you hang up by the fireplace.
- December 24th is Christmas _____
- 14. Santa delivers presents on his _____

DOWN

- 1. Someone who does not like Christmas.
- 4. Snack you leave out for Santa.
- 6. What you hang on the Christmas Tree.
- 7. A red and white candy.
- 8. Rudolph the red nose
- 9. What you unwrap on Christmas morning.

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If you wish to have your name added or removed from our mailing list, please call (905) 372-1150 or email Brenda Thompson at *bthompson@palisadegardens.ca*



Exercise with Natalie is M, W

10:30 in the Activity Room

December 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Coffee & Chats (BL)	2 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Erin's Baby Shower! (BL) 3:30 Happy Hour (BL)	3 Week Without Walls 10:00 Chair Yoga (AR) 10:30 Activity Meeting with Ashley (BL) 2:00 Bingo (AR) 2:00 Entertainment with Don Owen (L) 3:30 Happy Hour (BL)	4 Week Without Walls 10:30 Fun & Fitness (AR) 11:30 Order In Lunch: Five Star Chinese Restaurant 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Afternoon with TCS Students Decorating Gingerbread Houses (BL) 3:30 Happy Hour (BL)	 5 Week Without Walls 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Afternoon Caroling with TCS Students (L) 3:30 Happy Hour (BL) 	6 Ashley Off 11-3 Holiday Market (L/BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Movie Matinee: "There's No Business Like Show Business" with Popcorn & Pop (TR) 3:30 Happy Hour (BL)	7 2:00 Bingo (AR) 6:30 Entertainment with Northumberland Players (L)
8 10:30 Coffee & Chats (BL)	9 Natalie Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	10 Natalie Off 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	11 Natalie Off 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Just Us Jazz (L) 3:30 Happy Hour (BL)	12 Natalie Off 10:00 Chair Yoga (AR) 10:00 Speaker: Councilor Randy Barber (L) 2:00 Bingo (AR) 2:00 Blue Christmas Anglican Service (4th Floor) 3:30 Happy Hour (BL)	13 Natalie Off 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Christmas Pictionary (BL) 3:30 Happy Hour (BL)	14 Ashley Working 2:00 Bingo (AR)
15 10:30 Coffee & Chats (BL)	16 Christmas Spirit Week: Wear Red 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11-3 Gemini Jewelers Pop Up (L) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Christmas Party (BL) 3:30 Happy Hour (BL)	17 Christmas Spirit Week: Ugly Christmas Sweater 10:00 Virtual Chair Yoga (BL) 10:30 Christmas Trivia (L) 2:00 Bingo (AR) 2:00 Entertainment with Darlene & The Shamrocker (L) 2:00 Christmas Door Decorating Contest 3:30 Happy Hour (BL)	18 Christmas Spirit Week: Christmas Socks 9:30 CR Gummow Student Visit (L) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Kathy Wiles (L) 3:30 Happy Hour (BL) 6:30 Entertainment with Eric L (L)	19 Christmas Spirit Week: Holiday Headwear 10:00 Virtual Chair Yoga (BL) 10:00 Catholic Church (TR) 10:30 Bean Bag Toss (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 5:00 Christmas Lights Outing (O)	20 Natalie Off Christmas Spirit Week: Wear Your Favourite Holiday Colour 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour With Special Drink: Eggnog & Rum (BL)	21 2:00 Bingo (AR) 2:00 Movie Matinee: "It's A Wonderful Life" (TR)
22 10:30 Coffee & Chats (BL) 2:00 Pastoral Care Committee Christmas Service & Carol Singing (L)	23 Ashley Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Hal Allison (L) 3:30 Happy Hour (BL)	24 Ashley Off 10:00 Chair Yoga (AR) 2:00 Christmas Eve Sing Along Around The Tree With Eggnog (BL) 3:30 Happy Hour With Special Drink: Eggnog & Rum (BL)	25 Messry CHRISTMAS	26 BOXING DAY	27 Ashley Off 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Let's Travel: Ancient Rome (BL) 3:30 Happy Hour (BL)	28 2:00 Bingo (AR)
29 10:30 Coffee & Chats (BL)	30 Ashley Off 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info With Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL)	31 10:00 Chair Yoga (AR) 2:00 New Years Eve Party! (BL) 3:30 Happy Hour With Special Drink: Champagne & Orange Juice (BL)		HOL	P P Y D A Y S V	

ACTIVITY LOCATION LEGEND

AR– Activity Room

BL– Bar Lounge

DR– Dining Room L-Lobby

O– Outdoors

Shuttle Bus Tues & Thurs 9:30-12 & 1-3:30



TR-Theatre Room

JC– James Club



Harmony December 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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1 2:00 Entertainment With Don Owen	2 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Sing-A-Long	3 10:00 Stretching Class 10:30 Trivia 2:00 Hallway Bowling	4 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Christmas Categories 2:00 Harmony Bingo	5 10:00 Chair Yoga 10:30 Friendly Chats 2:00 Let's Travel: Ancient Rome	6 Ashley Off 10:00 Bean Bag Toss Davia 1:30 Beauty Hour with Davia	7 10:00 Coffee & Coloring 2:00Afternoon Movie
8 2:00 Entertainment With Don Owen	9 Natalie Off 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Finish The Phrase with Davia 2:00 Hallway Bowling	10 Natalie Off 10:00 Stretching Class 10:30 Trivia 2:00 Entertainment With Kathy Wiles	11 Natalie Off 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Puzzles with Davia 2:00 Christmas Tea	12 Natalie Off 10:00 Chair Yoga 10:30 Friendly Chats 1:30 Afternoon Relaxing Music and Hand Massages with Davia	13 Natalie Off 10:00 Morning Indoor Strolls 2:00 Entertainment With Ian B	14 Ashley Working 10:00 Christmas Caroling 2:00 Afternoon Movie
15 2:00 Entertainment With Don Owen	16 Christmas Spirit Week: Wear Red 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Card Games	17 Christmas Spirit Week: Ugly Christmas Sweater 10:00 Stretching Class 10:30 Trivia 2:00 Entertainment With Lawrence Marks	18 Christmas Spirit Week: Christmas Socks 9:30 Fun & Fitness 10:00 CR Gummow Visit 2:00 Christmas Party!	19 Christmas Spirit Week: Holiday Headwear 10:00 Hymn Sing 10:30 Catholic Service 2:00 Entertainment With Don Owen	20 Natalie Off Christmas Spirit Week: Wear Your Favourite Holiday Colour 10:00 Beauty Hour 2:00 Entertainment With Ed Smith (O)	21 10:00 Coffee & Coloring 2:00Afternoon Movie
22 2:00 Entertainment With Don Owen	23 Ashley & Davia Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Christmas Card Making	24 Ashley & Davia Off 10:00 Christmas Trivia 10:30 Christmas Eve Christmas Caroling with Eggnog	25 Merry CHRISTMAS	26 BOXINC, DAY	27 Ashley & Davia Off 10:00 Chair Yoga 10:30 Reminiscing 2:00 Entertainment With Emilio	28 10:00 Coffee & Coloring 2:00Afternoon Movie
29 2:00 Entertainment With Don Owen	30 Ashley & Davia Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Beauty Hour	31 Davia Off 10:00 New Years Eve Harmony Bingo		HOL	P P Y D A Y S Y	



