



Harmony October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Oktoberfest Week 10:00 Stretching Class 2:00 Entertainment with Kathy Wiles 3:15 Friendly Chats	2 Oktoberfest Week 9:30 Fun & Fitness 10:15 Finish The Phrase 2:00 Harmony Bingo 3:15 Friendly Chats	3 Oktoberfest Week 10:00 Noodle Balloon 2:00 Oktoberfest Party 3:15 Friendly Chats	4 Oktoberfest Week 10:00 Let's Travel: Germany 2:00 Entertainment with Ian B 3:15 Friendly Chats	5 Natalie working 10:00 Sing-A-Long 2:00 Afternoon Movie
6 2:00 Entertainment with Don Owen 	7 9:30 Fun & Fitness 10:15 Card Games 2:00 Name That Tune 3:15 Friendly Chats	8 10:00 Chair Yoga 2:00 Categories 3:15 Friendly Chats	9 9:30 Fun & Fitness 10:15 Family Feud 2:00 Beauty Hour 3:15 Friendly Chats	10 10:00 Trivia 2:00 Entertainment with Don Owen 3:15 Friendly Chats	11 Natalie Off 10:00 Thanksgiving Social	12 10:00 Coffee & Coloring 2:00 Afternoon Movie
13 2:00 Entertainment with Don Owen 	14 Happy Thanksgiving!	15 Natalie Off 10:00 Stretching Class 10:30 Reminiscing Group	16 Natalie Off 9:30 Fun & Fitness 2:00 Sing-A-Long	17 Natalie Off 10:00 Noodle Balloon	18 Natalie off 10:00 Morning Meditation 2:00 Entertainment with Ed Smith (L)	19 10:00 Coffee & Coloring 2:00 Afternoon Movie
20 2:00 Entertainment with Don Owen 	21 Natalie Off 9:30 Fun & Fitness 2:00 Who Am I?	22 10:00 Chair Yoga 2:00 Bean Bag Toss 3:15 Friendly Chats	23 9:30 Fun & Fitness 10:15 Finish The Phrase 2:00 Harmony Bingo 3:15 Friendly Chats	24 10:00 Hymn Sing 10:30 Catholic Service 2:00 Entertainment with Don Owen 3:15 Friendly Chats	25 10:00 Bocce Ball 2:00 Dice Game 3:15 Friendly Chats	26 10:00 Coffee & Coloring 2:00 Afternoon Movie
27 2:00 Entertainment with Don Owen 	28 9:30 Fun & Fitness 10:00 Beauty Hour 2:00 Entertainment with Emilio (L) 3:15 Friendly Chats	29 10:00 Painting Pumpkins 2:00 Entertainment with Lawrence Marks 3:15 Friendly Chats	30 9:30 Fun & Fitness 10:15 Sing-A-Long 2:00 Entertainment with Darlene (L) 3:15 Friendly Chats	31 10:00 Halloween Party 3:15 Friendly Chats 		

ACTIVITY LOCATION LEGEND

AR- Activity Room

BL- Bar Lounge

L-Lobby

DR- Dining Room

O- Outdoors

TR-Theatre Room