









February 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:00 Coffee & Coloring 2:00 Afternoon Movie
2 <i>Groundhog Day</i> 10:00 Coffee & Coloring 2:00 Entertainment with Don Owen	3 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Sing-A-Long	4 10:00 Chair Yoga 10:30 Reminiscing Group 2:00 Entertainment with Kathy Wiles	5 9:30 Fun & Fitness 2:00 Harmony Bingo	6 10:00 Stretching Class 10:30 Friendly Chats	7 9-2:00 Hallway Bowling	8 10:00 Coffee & Coloring 2:00 Afternoon Movie 
9 <i>Superbowl Sunday</i> 10:00 Coffee & Coloring 2:00 Entertainment with Don Owen	10 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Craft Group: Roses	11 10:00 Chair Yoga 10:30 Reminiscing Group 	12 9:30 Fun & Fitness 2:00 Beauty Hour	13 10:00 Stretching Class 10:30 Friendly Chats	14 <i>Valentines Day</i> 10:00 Valentines Day Bingo 2:00 Entertainment with Ian B 	15 10:00 Coffee & Coloring 2:00 Afternoon Movie 
16 10:00 Coffee & Coloring 2:00 Entertainment with Don Owen	17 <i>Family Day</i> 	18 10:00 Chair Yoga 10:30 Reminiscing Group 	19 9:30 Fun & Fitness 2:00 Who Am I?	20 10:00 Stretching Class 10:30 Friendly Chats	21 10:00 Sing-A-Long	22 10:00 Coffee & Coloring 2:00 Afternoon Movie
23 10:00 Coffee & Coloring 2:00 Entertainment with Don Owen	24 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Afternoon Trivia	25 10:00 Chair Yoga 10:30 Reminiscing Group 2:00 Entertainment with Sean R	26 9:30 Fun & Fitness 2:00 Harmony Bingo	27 10:00 Stretching Class 10:30 Friendly Chats	28 2:00 Beauty Hour	