

Exercise with Natalie is M, W
10:30 in the Activity Room



February 2025



Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 2:00 Entertainment with Everything Country (L) 3:30 Bring Your Own Beverage Happy Hour (BL)
2 Groundhog Day 10:30 Coffee and Chats (BL) 3:30 Bring Your Own Beverage Happy Hour (BL)	3 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 3:30 Happy Hour (BL)	4 10:00 Chair Yoga (AR) 2:00 Entertainment with Don Owen (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	5 10:30 Fun & Fitness (AR) 11:00 Book Club (LIB) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 3:30 Happy Hour (BL)	6 10:00 Chair Yoga (AR) 10:30 Speaker Series: Jennifer Weeks - The Importance of Wills & Power of Attorneys (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	7 10:00 Craft Group: Roses (AR) 10:30 Zumba (BL) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Robert D'Cruz (L) 3:30 Happy Hour (BL)	8 3:30 Bring Your Own Beverage Happy Hour (BL)
9 Superbowl Sunday Natalie Working 10:30 Coffee and Chats (BL) 2:00 Superbowl Party (BL) 3:30 Bring Your Own Beverage Happy Hour (BL)	10 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Darlene & The Shamrock (L) 3:30 Happy Hour (BL)	11 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	12 10:30 Fun & Fitness (AR) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Sean R (L) 3:30 Happy Hour (BL)	13 10:00 Chair Yoga (AR) 11:00 Anglican Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	14 Valentines Day 10:30 Zumba (BL) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Valentines Day Photoshoot (BL) 3:30 Happy Hour (BL)	15 3:30 Bring Your Own Beverage Happy Hour (BL)
16 10:30 Coffee and Chats (BL) 3:30 Bring Your Own Beverage Happy Hour (BL)	17 Family Day 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Hal Alison (L) 3:30 Bring Your Own Beverage Happy Hour (BL)	18 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	19 10:30 Fun & Fitness (AR) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Greg & Susan Williams (L) 3:30 Happy Hour (BL)	20 10:00 Chair Yoga (AR) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	21 10:30 Zumba (BL) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Karaoke (BL) 3:30 Happy Hour (BL)	22 3:30 Bring Your Own Beverage Happy Hour (BL)
23 10:30 Coffee and Chats (BL) 3:30 Bring Your Own Beverage Happy Hour (BL)	24 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL)	25 10:00 Chair Yoga (AR) 10:30 Residents Council (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	26 10:30 Fun & Fitness (AR) 11:00 Book Club (LIB) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 3:30 Happy Hour (BL)	27 10:00 Catholic Church (TR) 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	28 10:00 Trivia (L) 10:30 Zumba (BL) 1:30 Bridge Group (4th Floor) 1:30 Euchre Group (AR) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour (BL)	

ACTIVITY LOCATION LEGEND

AR— Activity Room

BL— Bar Lounge

L— Lobby

DR— Dining Room

O— Outdoor

TR— Theatre Room

LIB—Library